

WAC 308-20-080 Minimum instruction requirements for cosmetology, hair design, barbering, manicuring, esthetics and master esthetics training. The minimum training requirements for a student or apprentice to be eligible for licensure in the following professions shall include:

- (1) For cosmetology:
 - (a) Theory of the practice of cosmetology including business practices and basic human anatomy and physiology;
 - (b) At least 100 hours of skills in the application of manicuring and pedicuring services;
 - (c) At least 100 hours of skills in the application of esthetics services;
 - (d) Shampooing including draping, brushing, scalp manipulations, conditioning and rinsing;
 - (e) Scalp and hair analysis;
 - (f) Hair cutting and trimming including scissors, razor, thinning shears and clippers;
 - (g) Hair styling including wet, dry and thermal styling, braiding and styling aids;
 - (h) Cutting and trimming of facial hair including beard and mustache design and eyebrow, ear and nose hair trimming;
 - (i) Artificial hair;
 - (j) Permanent waving including sectioning, wrapping, preperm test curl, solution application, processing test curl, neutralizing and removal of chemicals;
 - (k) Chemical relaxing including sectioning, strand test, relaxer application, and removal of chemicals;
 - (l) Hair coloring and bleaching including predisposition test and strand test, and measurement, mixing, application and removal of chemicals;
 - (m) Care, styling, and treatment of textured hair which must include:
 - (i) Techniques for cutting, styling, and chemically treating textured hair;
 - (ii) Instruction on products and tools specifically designed for textured hair;
 - (iii) Best practices for hair health and scalp care for clients with textured hair; and
 - (iv) Cultural competency and historical education on the significance of textured hair in diverse communities;
 - (n) Cleaning and disinfecting of individual work stations, individual equipment and tools and proper use and storage of linens;
 - ~~((n))~~ (o) Diseases and disorders of the scalp, hair, skin and nails;
 - ~~((o))~~ (p) Safety including proper use and storage of chemicals, implements and electrical appliances;
 - ~~((p))~~ (q) First aid as it relates to cosmetology; and
 - ~~((q))~~ (r) Not all training may be on mannequins.
- (2) For hair design:
 - (a) Theory of the practice of hair design including business practices and basic human anatomy and physiology;
 - (b) Shampooing including draping, brushing, scalp manipulations, conditioning and rinsing;

- (c) Scalp and hair analysis;
- (d) Hair cutting and trimming including scissors, razor, thinning shears and clippers;
- (e) Hair styling including wet, dry and thermal styling, braiding and styling aids;
- (f) Cutting and trimming of facial hair including beard and mustache design and eyebrow, ear and nose hair trimming;
- (g) Artificial hair;
- (h) Permanent waving including sectioning, wrapping, preperm test curl, solution application, processing test curl, neutralizing and removal of chemicals;
- (i) Chemical relaxing including sectioning, strand test, relaxer application, and removal of chemicals;
- (j) Hair coloring and bleaching including predisposition test and strand test, and measurement, mixing, application and removal of chemicals;
- (k) Care, styling, and treatment of textured hair which must include:
 - (i) Techniques for cutting, styling, and chemically treating textured hair;
 - (ii) Instruction on products and tools specifically designed for textured hair;
 - (iii) Best practices for hair health and scalp care for clients with textured hair; and
 - (iv) Cultural competency and historical education on the significance of textured hair in diverse communities;
- (l) Cleaning and disinfecting of individual work stations, individual equipment and tools and proper use and storage of linens;
- ~~((l))~~ (m) Diseases and disorders of the scalp and hair;
- ~~((m))~~ (n) Safety including proper use and storage of chemicals, implements and electrical appliances;
- ~~((n))~~ (o) First aid as it relates to hair design; and
- ~~((o))~~ (p) Not all training may be on mannequins.
- (3) For barbering:
 - (a) Theory of the practice of barbering services and business practices and basic human anatomy and physiology;
 - (b) Shampooing including draping, brushing, scalp manipulations, conditioning and rinsing;
 - (c) Scalp and hair analysis;
 - (d) Hair cutting and trimming including scissors, razor, thinning shears and clippers;
 - (e) Hair styling, wet, dry and thermal styling and styling aids;
 - (f) Cutting and trimming of facial hair including shaving, beard and mustache design and eyebrow, ear and nose hair trimming;
 - (g) Artificial hair;
 - (h) Care, styling, and treatment of textured hair which must include:
 - (i) Techniques for cutting, styling, and chemically treating textured hair;
 - (ii) Instruction on products and tools specifically designed for textured hair;
 - (iii) Best practices for hair health and scalp care for clients with textured hair; and
 - (iv) Cultural competency and historical education on the significance of textured hair in diverse communities;
 - (i) Cleaning and disinfecting of individual work stations, individual equipment and tools and proper use and storage of linens;

~~((i))~~ (j) Diseases and disorders of the skin, scalp and hair;
~~((j))~~ (k) Safety including proper use of implements and electrical appliances;

~~((k))~~ (l) First aid as it relates to barbering; and

~~((l))~~ (m) Not all training may be on mannequins.

(4) For manicuring:

(a) Theory in the practice of manicuring and pedicuring services, business practices and basic human anatomy and physiology;

(b) Artificial nails including silk, linen, fiberglass, acrylic, gel, powder, extensions and sculpting, preparation, application, finish and removal;

(c) Cleaning, shaping and polishing of nails of the hands and feet and treatment of cuticles;

(d) Cleaning and disinfecting of individual work station, individual equipment and tools and proper use and storage of linens;

(e) Diseases and disorders of the nails of the hands and feet;

(f) Safety including proper use and storage of chemicals, implements and electrical appliances;

(g) First aid as it relates to manicuring and pedicuring; and

(h) Not all training may be on mannequins.

(5) For esthetics:

Theory in the practice of esthetics services, business practices and basic human anatomy and physiology (750 hours):

(a) Care of the skin compresses, massage, facials, wraps, masks, exfoliation, use of electrical or mechanical appliances or chemical compounds;

(b) Temporary removal of superfluous hair of the skin by means including tweezing, waxing, tape, chemicals, lotions, creams, sugaring, threading, mechanical or electrical apparatus and appliances;

(c) Care, styling, and treatment of textured hair which must include:

(i) Techniques for cutting, styling, and chemically treating textured hair;

(ii) Instruction on products and tools specifically designed for textured hair;

(iii) Best practices for hair health and scalp care for clients with textured hair; and

(iv) Cultural competency and historical education on the significance of textured hair in diverse communities;

(d) Cleaning and disinfecting of individual work stations, individual equipment and tools and proper use and storage of linens;

~~((d))~~ (e) Diseases and disorders of the skin;

~~((e))~~ (f) Safety including proper use and storage of chemicals, implements and electrical appliances;

~~((f))~~ (g) First aid as it relates to esthetics; and

~~((g))~~ (h) Not all training may be on mannequins.

(6) Master esthetics (450 additional hours):

Theory in the practice of master esthetics, business practices, and basic human anatomy and physiology including all of subsection (4) of this section and the following:

(a) Laser, light frequency, radio frequency, ultrasound, and plasma practices;

(b) Medium depth chemical peels;

(c) Advanced client assessment, documentation, and indications/contraindications;

(d) Pretreatment and post-treatment procedures;

(e) Lymphatic drainage and advanced facial massage;

- (f) Advanced diseases and disorders of the skin; and
- (g) Advanced theories; alternative, touch, and spa body treatments.
- (h) The use of medical devices during instruction of the master esthetics curriculum must comply with state law and rules, including any laws that require delegation or supervision by a licensed health professional acting within the scope of practice of that health professional. A detailed written explanation of how the course will be taught must be submitted and approved by the department.
- (7) Online training curriculums must be approved by the department.